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|--|---|---|---|---|---|
| PRE-ORDER SNACK (RM3.00) |  MINI STEAMED PAU | EGG SANDWICH | WOK FRIED RAMEN | VEGETARIAN SAMOSA | EGG BREAKFAST BURRITO, PREMIUM FRUITS, VITAGEN |
| BREAKFAST MENU Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday |  CROISSANT, LONG BEAN FRIED RICE, WOK FRIED RAMEN, RICE PORRIDGE W. CONDIMENTS, PREMIUM TURKEY HAM SLICES, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK | CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED MAMAK NOODLE, BREAKFAST FISH BALL NOODLE SOUP, PREMIUM TURKEY HAM SLICES, CHEESE MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, HOMEMADE BREADED CHICKEN, ASSORTED CEREAL W. MILK | CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, PREMIUM BREAKFAST SAUSAGE, SCRAMBLED EGGS, BAKED BEANS, PLAIN OMELETTE, ASSORTED CEREALS W. MILK | CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED SINGAPORE BEE HOON, EGG & TURKEY HAM BURRITOS, HOMEMADE CHICKEN DRUMSTICK, CHEESE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK | CROISSANT, YONG CHOW FRIED RICE, FRIED KWAY TEOW NOODLES, RICE PORRIDGE W. CONDIMENTS, PREMIUM TURKEY SLICES, FRENCH TOAST W. SALTED CARAMEL, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK |
| WESTERN SET MEAL LUNCH (RM8.70) |  CHICKEN SCHNITZEL W. SAUCE BAKED PENNE FRESH GARDEN SALAD | BAKED CHICKEN w. GRAVY ROASTED POTATO BROCCOLI GRATIN | BREADED FISH FILLET FRENCH FRIES COLESLAW | CHICKEN MEATBALLS w. TOMATO SAUCE GARDEN VEGETABLES AND FETTUCHINI | BAKED FISH W. HONEY LEMON BUTTER SAUCE MASHED POTATO BAKED ZUCCHINI & EGGPLANT |
| ASIAN SET MEAL LUNCH (RM8.70) |  BUTTERMILK CHICKEN JASMINE RICE STIR FRY KAILAN | SWEET & SOUR FISH JASMINE RICE STIR FRY SPINACH | GINGER CHICKEN JASMINE RICE SAUTEED MIX VEGETABLES | MILD THAI STYLE STEAMED FISH JASMINE RICE STIR FRY LONG BEAN & CARROT | ROAST CHICKEN IN RED GRAVY (AYAM MASAK MERAH) GHEE BUTTER JASMINE RICE ACAR RAMPAI |
| VEGETARIAN SET MEAL LUNCH (RM8.50) |  STEAMED TOFU w. SOY SAUCE JASMINE RICE STIR FRY BROCCOLI,CAULIFLOWER AND CARROT | SWEET & SOUR GREEN PEAS AND EGGS JASMINE RICE STIR FRY SPINACH | VEGETABLE DHALL W. TOFU JASMINE RICE SAUTEED MIX VEGETABLES | EGG CAKE W. TOFU JASMINE RICE STIR FRY LONG BEAN & CARROT | HOMEMADE POTATO & LENTIL BURGER W. CONDIMENTS FRENCH FRIES |
| ALWAYS SERVING |  | ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00) | | | |

| WEEK 3 | | TUESDAY 23 APRIL 2019 | WEDNESDAY 24 APRIL 2019 | THURSDAY 25 APRIL 2019 | FRIDAY 26 APRIL 2019 |
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| PRE-ORDER SNACK (RM3.00) |  | EGG & SOY SAUCE FRIED RICE | MINI STEAMED PAU | MINI VANILLA WHIRL | ENGLISH MUFFIN, PREMIUM FRUITS,VITAGEN |
| BREAKFAST MENU Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday |  | CROISSANT, EGG & SOY FRIED RICE, FRIED MAMAK NOODLES, BREAKFAST FISH BALL NOODLE SOUP, PREMIUM TURKEY HAM SLICES, CHEESE & CHOCKEN TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, HOMEMADE BAKED BREADED CHICKEN, ASSORTED CEREAL W. MILK | CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, RICE PORRIDGE W. CONDIMENTS, CHAPATI W DHAL GRAVU OR CHICKEN CURRY, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK | CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED SINGAPORE BEE HOON, EGG &TURKEY HAM BURRITOS, HOMEMADE CHICKEN DURMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK | CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES, RICE PORRIDGE W. CONDIMENTS, PREMIUM BREAKFAST SAUSAGES, FRENCH TOAST W. MAPLE SYRUP, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK |
| WESTERN SET MEAL LUNCH (RM8.70) |  | ROSEMARY ROASTED CHICKEN BAKED PUMPKIN STEAMED CAULIFLOWER & CARROTS | BREADED FISH FILLETS FRENCH FRIES COLESLAW | OVEN ROAST CHICKEN BAKED POTATO GRILLED CAPSICUM & ZUCHINI | FISH BURGERS ROASTED POTATO WEDGES COLESLAW |
| ASIAN SET MEAL LUNCH (RM8.70) |  | FISH CURRY STEAMED RICE SAUTEED BEANSPROUTS | TANDOOR CHICKEN STEAMED RICE ONION & CUCUMBER RAITA | ROAST CHICKEN CHICKEN RICE CONDIMENTS | CHICKEN BIRYANI BIRYANI RICE ACAR SAYUR |
| VEGETARIAN SET MEAL LUNCH (RM8.50) |  | STIR FRY OYSTER MUSHROOM JASMINE RICE STIR FRY BEANSPROUTS | BAKED BROCCOLLI, CAULIFLOWER & POTATOES AU GRATIN STEAMED MIXED VEGETABLES | HOMEMADE TOFU BURGER CONDIMENTS FRENCH FRIES | STIR FRIED INDIAN CAULIFLOWER JASMINE RICE STIR FRY KAI LAN |
| ALWAYS SERVING |  | ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00) | | | |
| WEEK 4 | | MONDAY 29 APRIL 2019 | TUESDAY 30 APRIL 2019 | | |
| PRE-ORDER SNACK (RM3.00) |  | CHOCOLATE ROLL | WOK FRIED RAMEN | | |
| BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday |  | CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED SINGAPOREAN VERMICELLI, BREAKFAST FISH BALL NOODLE SOUP, PREMIUM BREAKFAST SAUSAGES, CHEESE & MARMALADE TOASTIES, SCRAMBLED EGG, TARTER TOTS, TOMATO OMELETTE, ASSORTED CEREAL W. MILK | CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, RICE PORRIDGE W. CONDIMENTS, PREMIUM TURKEY HAM SLICES, EGG & HAM BURRITOS, SUNNY SIDE UP EGG, HASH BROWN, CHEESE OMELETTE, ASSORTED CEREAL W. MILK | | |
| WESTERN SET MEAL LUNCH (RM8.70) |  | HERB ROASTED CHICKEN PILLAF RICE GRILLED BROCCOLI | OVEN ROAST CHICKEN AGLIO OLIO FUSSILI PASTA SAUTEED FRENCH BEANS & CARROT | | |
| ASIAN SET MEAL LUNCH (RM8.70) |  | BUTTERMILK CHICKEN JASMINE RICE SEASONAL MIXED VEGETABLE | STEAMED FISH w. SOY SAUCE JASMINE RICE STIR FRY BROCCOLLI,CAULIFLOWER AND CARROT CHINESE STYLE | | |
| VEGETARIAN SET MEAL LUNCH (RM8.50) |  | SATUEED TOFU w. BROCCOLI OYSTER SAUCE JASMINE RICE SAUTEED MIX VEGETABLES | VEGETABLES & EGG CAKE JASMINE RICE STIR FRY BROCCOLLI,CAULIFLOWER AND CARROT CHINESE STYLE | | |
| ALWAYS SERVING |  | ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00) | | | |