































WEEK 1					THURSDAY 2 MAY 2019	FRIDAY 3 MAY 2019
<b>PRE-ORDER SNACK</b> (RM3.00)					WOK FRIED RAMEN	EGG BREAKFAST BURRITO, PREMIUM FRUITS ,VITAGEN
<b>BREAKFAST MENU</b> Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday					CROISSANT, NASI LEMAK w. CONDIMENTS, WOK FRIED RAMEN, BREAD SAUSAGE ROLL, HOMEMADE FRIED CHICKEN DRUMSTICK, CHEESE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, YONG CHOW FRIED RICE, FRIED KWAY TEOW NOODLES, RICE PORRIDGE w. CONDIMENTS, PREMIUM TURKEY SLICES, FRENCH TOAST w. SALTED CARAMEL, SCRAMBLED EGGS, BAKED BEANS, PLAIN OMELETTE, ASSORTED CEREALS W. MILK
<b>WESTERN SET MEAL LUNCH</b> (RM8.70)					CHICKEN MEATBALLS w. TOMATO SAUCE GARDEN VEGETABLES AND FETTUCHINI	BAKED FISH W. HONEY LEMON BUTTER SAUCE MASHED POTATO ROASTED ZUCCHINI
<b>ASIAN SET MEAL LUNCH</b> (RM8.70)					MILD THAI STYLE STEAMED FISH JASMINE RICE STIR FRY CABBAGE & CARROT	ROAST CHICKEN IN RED GRAVY (AYAM MASAK MERAH) JASMINE TOMATO RICE ACAR JELATAH
<b>VEGETARIAN SET MEAL LUNCH</b> (RM8.50)					EGG CAKE W. TOFU JASMINE RICE STIR FRY CABBAGE & CARROT	HOMEMADE POTATO & LENTIL BURGER W. CONDIMENTS FRENCH FRIES
<b>ALWAYS SERVING</b>		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 2	TUESDAY 06 MAY 2019	TUESDAY 07 MAY 2019	WEDNESDAY 08 MAY 2019	THURSDAY 09 MAY 2019		
<b>PRE-ORDER SNACK (RM3.00)</b>		CORNFLAKES COOKIES	VEGETARIAN CURRY PUFF	MINI STEAMED PAU	MINI VANILLA WHIRL	ENGLISH MUFFIN, PREMIUM FRUITS ,VITAGEN
<b>BREAKFAST MENU</b> Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, LONG BEAN FRIED RICE, HAILAM MEE, BREAKFAST CHICKEN NOODLE SOUP, PREMIUM CHICKEN HAM SLICES, CHAPATI WITH DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED MAMAK NOODLES, BREAKFAST FISH BALL SOUP, PREMIUM TURKEY HAM SLICES, CHEESE AND CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, HOMEMADE BAKED BREADED CHICKEN, ASSORTED CEREALS W. MILK	CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, HOMEMADE CHICKEN NUGGETS, PREMIUM BREAKFAST SAUSAGES, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED SINGAPORE BEE HOON, TURKEY HAM QUESADILLAS, HOMEMADE CHICKEN DURMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES, PREMIUM BREAKFAST SAUSAGES, FRENCH TOAST W. MAPLE SYRUP, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
<b>WESTERN SET MEAL LUNCH (RM8.70)</b>		CORNFLAKES COOKIES	VEGETARIAN CURRY PUFF	MINI STEAMED PAU	MINI VANILLA WHIRL	ENGLISH MUFFIN, PREMIUM FRUITS ,VITAGEN
<b>ASIAN SET MEAL LUNCH (RM8.70)</b>		CORNFLAKES COOKIES	VEGETARIAN CURRY PUFF	MINI STEAMED PAU	MINI VANILLA WHIRL	ENGLISH MUFFIN, PREMIUM FRUITS ,VITAGEN
<b>VEGETARIAN SET MEAL LUNCH (RM8.50)</b>		CORNFLAKES COOKIES	VEGETARIAN CURRY PUFF	MINI STEAMED PAU	MINI VANILLA WHIRL	ENGLISH MUFFIN, PREMIUM FRUITS ,VITAGEN
<b>ALWAYS SERVING</b>		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 3		MONDAY 13 MAY 2019	TUESDAY 14 MAY 2019	WEDNESDAY 15 MAY 2019	THURSDAY 16 MAY 2019	FRIDAY 17 MAY 2019
<b>PRE-ORDER SNACK</b> (RM3.00)		MINI STEAMED PAU	EGG SANDWICH	CORN SWEET BREAD	MINI CHOCOLATE ROLL	PINEAPPLE FRIED RICE, PREMIUM FRUITS ,VITAGEN
<b>BREAKFAST MENU</b> Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, LONG BEAN FRIED RICE, BRAISED FRIED NOODLES, BREAKFAST EGG BURRITO, CHAPATI w. DHAL GRAVY OR CHICKEN CURRY, PREMIUM CHICKEN HAM SLICES, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED MAMAK NOODLES, BREAKFAST FISH BALL SOUP, PREMIUM TURKEY HAM SLICES, CHEESE AND CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, HOMEMADE BAKED BREADED CHICKEN, ASSORTED CEREALS W. MILK	CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, HOMEMADE CHICKEN NUGGETS, PREMIUM BREAKFAST SAUSAGES, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED SINGAPORE BEE HOON, TURKEY HAM QUESADILLAS, HOMEMADE CHICKEN DURMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES, PREMIUM BREAKFAST SAUSAGES, FRENCH TOAST W. SALTED CARAMEL, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
<b>WESTERN SET MEAL LUNCH</b> (RM8.70)		HERB CRUSTED FISH w. LEMON BUTTER SAUCE MASHED POTATOES BUTTERD BAKED CORN ON THE COB	CHICKEN BURGER w. CONDIMENTS FRESH SALADS BAKED COATED POTATOES	FISH &CHIPS COLESLAW & TARTAR SAUCE	ROTISSERIE CHICKEN AU JUS AGLIO OLIO FUSSILI PASTA SAUTEED FRENCH BEANS & CARROTS	CITRUS ROASTED FISH MASHED POTATOES GRILLED BROCCOLI
<b>ASIAN SET MEAL LUNCH</b> (RM8.70)		ASIAN MARINATED BBQ CHICKEN FRAGRANT RICE STIR FRY BOK CHOY	THAI SOY STEAM FISH W CORIANDER JASMINE RICE SAUTE CABBAGE AND CARROT W CHILLI	SALTED EGG YOLK CHICKEN JASMINE RICE STIR FRY KAI LAN	BAKED FISH w. SOY & SESAME SAUCE JASMINE RICE CHINESE STYLE STIR FRY CAULIFLOWER AND CARROTS	STIR FRY TOM YUM CHICKEN JASMINE RICE SEASONAL MIXED VEGETABLE
<b>VEGETARIAN SET MEAL LUNCH</b> (RM8.50)		CHINESE SOFT TOFU HOISIN SAUCE JASMINE RICE FLAVOURSOME STIR FRY BOK CHOY	STEAM EGG TOFU `ALA THAI` JASMINE RICE SAUTE CABBAGE AND CARROT W CHILLI	FRIED BEANCURD AND TEMPEH W. ONIONS JASMINE RICE STIR FRY KAI LAN	SAUTEED TOFU w. BROCCOLI JASMINE RICE CHINESE STYLE STIR FRY CAULIFLOWER AND CARROTS	VEGETABLES & EGG CAKE JASMINE RICE SEASONAL MIXED VEGETABLE
<b>ALWAYS SERVING</b>		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 4		MONDAY 20 MAY 2019	TUESDAY 21 MAY 2019	WEDNESDAY 22 MAY 2019	THURSDAY 23 MAY 2019	FRIDAY 24 MAY 2019
<b>PRE-ORDER SNACK</b> (RM3.00)		SCHOOL HOLIDAY	SCHOOL HOLIDAY	SCHOOL HOLIDAY	MINI CHOCOLATE ROLL	<b>EGG CROISSANT</b> PREMIUM FRUITS ,VITAGEN
<b>BREAKFAST MENU</b> Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday					CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED BEE HOON, HOMEMADE CHICKEN DRUMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, PREMIUM TURKEY HAM SLICES, FRENCH TOAST W. SALTED CARAMEL, SCRAMBLED EGG, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK
<b>WESTERN</b> SET MEAL LUNCH (RM8.70)					ROAST CHICKEN PROVENCAL AGLIO OLIO SPAGHETTI SAUTEED FRENCH BEANS & CARROTS	CORN COATED CHICKEN BAKED CUBE POTATOES GRILL TOMATOES
<b>ASIAN</b> SET MEAL LUNCH (RM8.70)					BAKED FISH w. SOY & SESAME SAUCE JASMINE RICE STEAM BROCCOLI,CAULIFLOWER AND CARROT CHINESE STYLE	PERAK CHICKEN RENDANG PANDAN RICE "GULAI LABU" (PUMPKIN IN COCONUT GRAVY)
<b>VEGETARIAN</b> SET MEAL LUNCH (RM8.50)					SATUEED TOFU w. BROCCOLI OYSTER SAUCE JASMINE RICE SAUTEED MIX VEGETABLES	SPINACH CURRY JASMINE RICE CHINESE STYLE STIR FRY BROCCOLI, TOFU AND CARROT
<b>ALWAYS</b> SERVING		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 5		MONDAY 27 MAY 2019	TUESDAY 28 MAY 2019	WEDNESDAY 29 MAY 2019	THURSDAY 30 MAY 2019	FRIDAY 31 MAY 2019
<b>PRE-ORDER SNACK</b> (RM3.00)		RAISIN BUTTER COOKIES	BUTTER & CHEESE BREAD	CHOCOLATE ROLL	MINI VANILLA WHIRL	CHINESE FRIED RICE, PREMIUM FRUITS ,VITAGEN
<b>BREAKFAST MENU</b> Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, LONG BEAN FRIED RICE, WOK FRIED RAMEN W. BEANSPOUTS, ROTI CANAI W. DHAL GRAVY & CHICKEN CURRY, EGG BURRITOS, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED MAMAK NOODLE, PREMIUM TURKEY HAM SLICES, CHEESE & CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, TOMATO OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, PINEAPPLE FRIED RICE, WOK FRIED RAMEN, CHAPATI W. DHAL GRAVY OR CHICKEN CURRY, PREMIUM BREAKFAST SAUSAGE, SCRAMBLED EGGS, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED SINGAPORE BEE HOON, HOMEMADE CHICKEN DRUMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES, PREMIUM BREAKFAST SAUSAGES, FRENCH TOAST W. SALTED CARAMEL, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
<b>WESTERN SET MEAL LUNCH</b> (RM8.70)		PAN FRY CHICKEN ROASTED POTATO WEDGES SAUTEED FRENCH BEANS	ROSEMARY ROASTED CHICKEN DAUPHINOISE POTATOES STEAMED CAULIFLOWER & CARROTS	FISH &CHIPS COLESLAW & TARTAR SAUCE	BAKED CHICKEN W. CREAMY CAPERS SAUCE BAKED POTATO GRILLED CAPSICUM & ZUCHINI	GRILLED FISH W. ORANGE SAUCE MASH POTATO SAUTEED SNOW PEAS
<b>ASIAN SET MEAL LUNCH</b> (RM8.70)		GINGER CHICKEN JASMINE RICE STIR FRY KAILAN	STEAM FISH IN SOY JASMINE RICE SAUTEED BEANSPOUTS	MILD CURRY CHICKEN STEAMED RICE STEAMED MIXED VEGETABLES	CHINESE STYLE ROAST CHICKEN CHICKEN RICE PAN FRY SIEW PAK CHOY	CHICKEN KORMA BRIYANI RICE STIR FRIED INDIAN CAULIFLOWER
<b>VEGETARIAN SET MEAL LUNCH</b> (RM8.50)		STEAMED TOFU w. SOY SAUCE JASMINE RICE STIR FRY KAILAN	STIR FRY OYSTER MUSHROOM W JAPANESE BEANCURD JASMINE RICE STIR FRY BEANSPOUTS	BAKED BROCCOLI, CAULIFLOWER & POTATOES AU GRATIN STEAMED MIXED VEGETABLES	HOMEMADE TOFU BURGER CONDIMENTS FRENCH FRIES	STIR FRIED INDIAN CAULIFLOWER JASMINE RICE WHITE TOFU WITH MUSHROOMS
<b>ALWAYS SERVING</b>		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				