







WEEK 2		MONDAY 10 JUNE 2019	TUESDAY 11 JUNE 2019	WEDNESDAY 12 JUNE 2019	THURSDAY 13 JUNE 2019	FRIDAY 14 JUNE 2019
PRE-ORDER SNACK (RM3.00)		RAISIN BUTTER COOKIES	BUTTER & CHEESE BREAD	MINI CHOCOLATE ROLL	MINI VANILLA WHIRL	TUNA SANDWICH, PREMIUM FRUITS ,VITAGEN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, KAMPUNG FRIED RICE, WOK FRIED MEE W BEANSPROUTS, BREAKFAST CHICKEN NOODLE SOUP, PREMIUM BREAKFAST SAUSAGES, CHAPATI WITH DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG FRIED RICE, FRIED MAMAK NOODLES, BREAKFAST FISH BALL SOUP, PREMIUM TURKEY HAM SLICES, CHEESE AND CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, TOMATO OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, FISH CAKE & SOY FRIED RICE, WOK FRIED RAMEN, HOMEMADE CHICKEN NUGGETS, PREMIUM BREAKFAST SAUSAGES, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED BEE HOON, CHICKEN HAM QUESADILLAS, HOMEMADE FRIED CHICKEN DURMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES, PREMIUM BREAKFAST SAUSAGES, RICE PORRIDGE W. CONDIMENTS, FRENCH TOAST W. MAPLE SYRUP, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
WESTERN SET MEAL LUNCH (RM8.70)		BRAZILIAN FISH STEW BUTTERED CORN & LETTUCE LYONNAISE POTATO	THYME CHICKEN SAUTEED SUMMER VEGETABLES ROASTED POTATO	FISH AND CHIPS COLESLAW	PAN FRY CHICKEN AU JUS SAUTEED FRENCH BEANS & CAULIFLOWER TOSSED PASTA	PAN SEAR COATED FISH HONEY MUSTARD SAUCE RATATOUILLE BAKED POTATO
ASIAN SET MEAL LUNCH (RM8.70)		BUTTERMILK CHICKEN FRIED PAK CHOY JASMINE RICE	KERALA FISH CURRY PETOLA & SOO HOON JASMINE RICE	ROAST CHICKEN STEAM BAK CHOY CONDIMENTS CHICKEN RICE	THAI STEAM FISH CHINESE STYLE STEAM BROCCOLI AND CARROT JASMINE RICE	'BELADO' CHICKEN PUMPKIN IN COCONUT GRAVY JASMINE RICE
VEGETARIAN SET MEAL LUNCH (RM8.50)		BAKED SWEET POTATO W. SESAME JASMINE RICE FRIED PAK CHOY	STIR FRIED PUMPKIN w ONIONS AND GARLIC PETOLA & SOO HOON JASMINE RICE	SOFT TOFU W. SOY SAUCE STEAM BOK CHOY W SOY SAUCE JASMINE RICE	STIR FRY TOFU W. VEGETABLE STEAM BROCCOLI & CARROT CHINESE STYLE JASMINE RICE	PUMPKIN IN COCONUT GRAVY OYSTER MUSHROOM MASAK LEMAK CILI JASMINE RICE
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 3		MONDAY 17 JUNE 2019	TUESDAY 18 JUNE 2019	WEDNESDAY 19 JUNE 2019	THURSDAY 20 JUNE 2019	FRIDAY 21 JUNE 2019
PRE-ORDER SNACK (RM3.00)		OAT COOKIES	VEGETARIAN CURRY PUFF	FISH CAKE & SOY FRIED RICE	MINI VANILLA WHIRL	CROISSANT EGG SANDWICH, PREMIUM FRUITS ,VITAGEN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday		CROISSANT,KAMPUNG FRIED RICE, WOK FRIED MEE W. BEANSPOUTS, BREAKFAST CHICKEN & NOODLE SOUP, CHAPATI w. DHAL GRAVY OR CHICKEN CURRY, PREMIUM CHICKEN HAM SLICES, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG FRIED RICE, FRIED MAMAK NOODLES, BREAKFAST FISH BALL SOUP, PREMIUM TURKEY HAM SLICES, CHEESE AND CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, ASSORTED CEREALS W. MILK	CROISSANT, FISH CAKE & SOY FRIED RICE, WOK FRIED RAMEN, HOMEMADE CHICKEN NUGGETS, PREMIUM BREAKFAST SAUSAGES, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED BEE HOON, TURKEY HAM QUESADILLAS, HOMEMADE FRIED CHICKEN DURMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, CHINESE FRIED RICE, FRIED KWAY TEOW NOODLES,RICE PORRIDGE W. CONDIMENTS, PREMIUM TURKEY HAM SLICE, FRENCH TOAST W. MAPLE SYRUP, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
WESTERN SET MEAL LUNCH (RM8.70)		CHICKEN STEW . FRESH GARDEN SALAD PILAF RICE	GRILL CHICKEN W. GARLIC SAUCE GLAZED CARROTS BAKED POTATO	FISH AND CHIPS & COLESLAW	PAN FRY CHICKEN W. PESTO SAUCE GRILLED BROCCOLI MASHED POTATO	FISH PARMIGIANA STEAM CARROT & FRENCH BEANS DAUPHINOISE POTATOES
ASIAN SET MEAL LUNCH (RM8.70)		HAINANESE CHICKEN STIR FRY KAILAN JASMINE RICE	FISH CURRY IN MILD GRAVY SAUTEED BEANSPOUTS JASMINE RICE	TANDOORI CHICKEN INDIAN MIX VEGETABLES STEAMED RICE	ROAST CHICKEN CONDIMENTS CHICKEN RICE	CHICKEN 65 ACAR TIMUN & PAPADOM BRIYANI RICE
VEGETARIAN SET MEAL LUNCH (RM8.50)		STEAMED TOFU w. SOY SAUCE STIR FRY KAILAN JASMINE RICE	STIR FRY OYSTER MUSHROOM AND SOFT TOFU STIR FRY BEANSPOUTS JASMINE RICE	POTATO VARUVAL INDIAN MIX VEGETABLES JASMINE RICE	TOFU W VEGETABLE IN TAUCHU STIR FRY VEGETABLES JASMINE RICE	STIR FRIED INDIAN CAULIFLOWER ALOO GOBI JASMINE RICE
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

WEEK 4	MONDAY 24 JUNE 2019	TUESDAY 25 JUNE 2019	WEDNESDAY 26 JUNE 2019	THURSDAY 27 JUNE 2019	FRIDAY 28 JUNE 2019	
PRE-ORDER SNACK (RM3.00)		MINI STEAMED PAU	CORNFLAKES COOKIES	CORN SWEET BREAD	MINI CHOCOLATE ROLL	PINEAPPLE FRIED RICE, PREMIUM FRUITS ,VITAGEN
BREAKFAST MENU Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, LONG BEAN FRIED RICE, WOK FRIED NOODLES, ROTI CANAI W. DHAL GRAVY & CHICKEN CURRY, PREMIUM CHICKEN HAM SLICE, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED MAMAK NOODLES, PREMIUM TURKEY HAM SLICES, CHEESE & CHICKEN HAM TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, TOMATO OMELETTE, ASSORTED CEREAL W. MILK	CROISSANT, YONG CHOW FRIED RICE, WOK FRIED RAMEN, CHAPATI W. DHAL GRAVY OR CHICKEN CURRY, PREMIUM BREAKFAST SAUSAGE, SCRAMBLED EGGS, PLAIN OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, NASI LEMAK W. CONDIMENTS, FRIED BEE HOON, HOMEMADE FRIED CHICKEN DRUMSTICK, CHEESE & MARMALADE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELETTE, ASSORTED CEREALS W. MILK	CROISSANT, PINEAPPLE FRIED RICE, FRIED KWAY TEOW NOODLES, PREMIUM TURKEY HAM SLICE, FRENCH TOAST W. SALTED CARAMEL, SCRAMBLED EGG, BAKED BEANS, MUSHROOM OMELETTE, ASSORTED CEREALS W. MILK
WESTERN SET MEAL LUNCH (RM8.70)		BREADCRUMBS CHICKEN CORN KERNEL & SALAD RICE PILAF	CHICKEN BURGER W. CONDIMENTS COLESLAW SLICED POTATOES	FISH & CHIPS COLESLAW TARTAR SAUCE	HERB CHICKEN CASSEROLE GRILLED ZUCCHINI MASHED POTATO	OVEN BAKED FISH w. TOMATO SAUCE SAUTEED FRENCH BEANS & CARROT TOSSED PASTA
ASIAN SET MEAL LUNCH (RM8.70)		TOMATO CHICKEN "MASAK LEMAK" BEANSPROUTS & KUCAI FRAGRANT RICE	THAI STEAM FISH W. CORIANDER STIR FRIED CABBAGE AND CARROT W CHILI JASMINE RICE	SALTED EGG YOLK CHICKEN STIR FRY KAI LAN JASMINE RICE	SWEET & SOUR FISH CHINESE MIX VEGETABLES W. SESAME JASMINE RICE	CHICKEN CURRY ALOO GOBI JASMINE RICE
VEGETARIAN SET MEAL LUNCH (RM8.50)		SOFT TOFU IN CHINESE SAUCE "MASAK LEMAK" BEANSPROUTS & KUCAI JASMINE RICE	STEAM EGG TOFU "ALA THAI" STIR FRIED CABBAGE AND CARROT W CHILI JASMINE RICE	STIR FRIED BEANCURD AND TEMPEH W. ONIONS STIR FRY KAI LAN JASMINE RICE	SAUTEED TOFU w. CARROT & SOY SAUCE CHINESE MIX VEGETABLES W. SESAME JASMINE RICE	VEGETABLE MASALA IN EGG ROLL ALOO GOBI JASMINE RICE
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)				

*Cezars Kitchen uses only Halal certified meat & all suppliers are Halal certified

*Cezars Kitchen does not use nuts in our recipes

*MSG FREE Kitchen