







WEEK 4		MONDAY 28th Jan 2019	TUESDAY 29th Jan 2019	WEDNESDAY 30th Jan 2019	THURSDAY 31st Jan 2019
PRE-ORDER SNACK (RM3.00)		VANILLA WHIRL	EGG & SOY SAUCE FRIED RICE	VEGETARIAN CURRY PUFF	FRESHLY BAKED CHOCOLATE ROLL
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday		CROISSANT, LONG BEAN FRIED RICE, WOK FRIED RICE, WOK FRIED RAMEN, BREAKFAST SAUSAGE, BREAKFAST BURRITO, SCRAMBLED EGG, HASH BROWN, VEGETABLE OMELET, ASSORTED CEREAL W. MILK	CROISSANT, EGG & SOY SAUCE FRIED RICE, FRIED TOM YAM RICE NOODLE, BREAKFAST TURKEY, CHEESE AND CHICKEN SLICE TOASTIE, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELET, ASSORTED CEREAL W. MILK	CROISSANT, PINEAPPLE FRIED RICE, STIR-FRIED LOU SHU FUN, ROTI CANAI W. DHAL GRAVY OR CHICKEN CURRY, BREAKFAST SAUSAGE, SCRAMBLED EGGS, HASH BROWN, PLAIN OMELET, ASSORTED CEREALS W. MILK	CROISSANT, NASI GORENG KAMPUNG, BRAISED YEE MEE, PREMIUM BREAKFAST TURKEY, CHEESE TOASTIES, SUNNY SIDE UP EGG, TATER TOTS, CHEESE OMELET, ASSORTED CEREALS W. MILK
WESTERN SET MEAL LUNCH (RM8.70)		ROASTED THYME CHICKEN BAKED POTATOES GRILLED VEGETABLES	ROSEMARY BAKED CHICKEN BAKED PUMPKIN STEAMED CAULIFLOWER & CARROTS	CHICKEN LASAGNE w. FOCACCIA & SALAD	CITRUS GRILLED FISH CHEESY MASH POTATOES GRILLED PROVENCAL VEGETABLES
ASIAN SET MEAL LUNCH (RM8.70)		GINGER & MUSHROOM CHICKEN JASMINE RICE STIR FRY MIX VEGETABLES	CEREAL CHICKEN JASMINE RICE SAUTEED KAI LAN	FISH KATSU w. TERIYAKI SAUCE STEAMED RICE SAUTEED BEANSPROUT	ORIENTAL CHICKEN JASMINE RICE STIR FRY SPINACH
VEGETARIAN SET MEAL LUNCH (RM8.50)		STIR FRY BABY ROMAINE w. TOFU JASMINE RICE STIR FRY MIX VEGETABLES	SAUTEED TOMATO & EGG JASMINE RICE SAUTEED KAI LAN	BAKED ROOT VEGETABLES LYONNAISE POTATOES STEAMED VEGETABLES	HOMEMADE TOFU BURGER CONDIMENTS FRIES
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS (RM4.00) DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK (RM3.50) 100% FRUIT JUICES (NO SUGAR ADDED) (RM3.50) GRAB & GO : ASSORTED SANDWICHES & WRAPS, PRE-PACKED SALADS CHOICES (RM5.00) BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS (RM4.00) ASSORTED NOODLE SOUPS (RM5.00) and SOUP OF THE DAY (RM5.00)			