

















WEEK 1	MONDAY 1st July 2019	TUESDAY 2nd July 2019	WEDNESDAY 3rd July 2019	THURSDAY 4th July 2019	FRIDAY 5th July 2019
MORNING SNACK	 WOK FRIED RAMEN	BREAKFAST OAT COOKIES	CHEESE & CUCUMBER SANDWICH	NASI GORENG KAMPUNG	CHOCOLATE MUFFIN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday	 CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	CHINESE FRIED RICE	EGG & SOY SAUCE FRIED RICE	THAI STYLE FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	FRIED MEE HUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	PREMIUM TURKEY HAM SLICES	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHICKEN HAM & EGG BREAKFAST BURRITO	CHEESE AND CHICKEN HAM TOASTIES	PREMIUM BREAKFAST SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	PLAIN OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE	CHEESE OMELETTE	MUSHROOM OMELETTE
	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK
DELI SANDWICH BAR	 MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH	 CHICKEN SCHNITZEL MASH POTATOES SAUTEED VEGETABLES	BAKED ORANGE CHICKEN ROASTED POTATO CREAMED MUSHROOM	CHICKEN LASAGNE w. FOCACCIA & SALAD	CHICKEN MEATBALLS PASTA w. TOMATO SAUCE GARDEN VEGETABLES	THYME & OREGANO CHICKEN MASHED POTATO BUTTERED GARDEN VEGETABLES
ASIAN SET MEAL LUNCH	BUTTERMILK CHICKEN JASMINE RICE SAUTEED MIX VEGETABLES	SESAME CHICKEN JASMINE RICE SAUTEED SPINACH	SWEET & SOUR FISH JASMINE RICE SAUTEED CHINESE CABBAGE	GOLDEN EGGFLOSS CHICKEN JASMINE RICE SAUTEED BABY KAILAN	MALYSIAN CHICKEN CURRY w. POTATOES JASMINE RICE SAUTEED CABBAGE
VEGETARIAN SET MEAL LUNCH	 BUTTERMILK TOFU JASMINE RICE SAUTEED MIX VEGETABLES	TOFU w. EGGPLANT SAUCE FRAGRANT RICE SAUTEED SPINACH	VEGETARIAN BIBIMBAP w. FRIED EGG AND CONDIMENTS	GOLDEN EGGFLOSS TOFU JASMINE RICE SAUTEED BABY KAILAN	STEAMED TOFU w. SOY SAUCE JASMINE RICE SAUTEED CABBAGE
CHEF'S SPECIAL	 CHEESY BAKED RICE	KOREAN CHICKEN WINGS KIMCHI FRIED RICE SAUTEED SPINACH	CHICKEN BIBIMBAP w. FRIED EGG AND CONDIMENTS	CHICKEN TANDOORI BIRYANI RICE CUCUMBER ONION LETTUCE	FISH & CHIPS
NOODLE SOUP	 CHICKEN DUMPLING w. NOODLE SOUP	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISHBALL NOODLE SOUP
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS			

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*MSG FREE Kitchen

WEEK 2	MONDAY 8th July 2019	TUESDAY 9th July 2019	WEDNESDAY 10th July 2019	THURSDAY 11th July 2019	FRIDAY 12th July 2019
MORNING SNACK 	BREAKFAST BROWNIES	EGG & VEGETABLE SANDWICH	MINI STEAMED PAU	MINI CHOCOLATE ROLL	SAUSAGE BUN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday 	CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	CHINESE FRIED RICE	EGG & SOY SAUCE FRIED RICE	THAI STYLE FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	FRIED MEE HUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	PREMIUM TURKEY HAM SLICES	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHICKEN HAM & EGG BREAKFAST BURRITO	CHEESE AND CHICKEN HAM TOASTIES	PREMIUM BREAKFAST SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	PLAIN OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE	CHEESE OMELETTE	MUSHROOM OMELETTE
	ASST. CEREALS w.MILK	ASST. CEREALS w.MILK	ASST. CEREALS w.MILK	ASST. CEREALS w.MILK	ASST. CEREALS w.MILK
DELI SANDWICH BAR 	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH 	GRILLED TUSCAN CHICKEN BUTTERED HERB RICE GRILLED ROOT VEGETABLES	CHICKEN ESCALOPE CREAMED MUSHROOM CHERRY TOMATO & PASTA	CHICKEN LASAGNE w. FOCACCIA & SALAD	HONEY GLAZED CHICKEN POTATO GRATIN GRILLED VEGETABLES	HUNGARIAN CHICKEN GOULASH CORN & BUTTER RICE PILAF SAUTEED ZUCCHINI
ASIAN SET MEAL LUNCH	TERIYAKI CHICKEN JASMINE RICE JAPANESE CABBAGE SALAD	STEAMED FISH w. SOY SAUCE JASMINE RICE STIR FRY MIX VEGETABLES	SALTED EGG YOLK CHICKEN JASMINE RICE STIR FRY KAI LAN	STEAMED CHICKEN w. SOY SAUCE JASMINE RICE SAUTEED CABBAGE	KAM HEONG CHICKEN JASMINE RICE SAUTEED VEGETABLES
VEGETARIAN SET MEAL LUNCH 	STIR FRY BABY ROMAINE w. TOFU JASMINE RICE STIR FRY KAI LAN	SAUTEED TOFU w. BROCCOLI JASMINE RICE STIR FRY MIX VEGETABLES	STEAMED EGG JASMINE RICE STIR FRY KAI LAN	EGGPLANT w. LONG BEANS JASMINE RICE SAUTEED CABBAGE	SAUTEED TOMATO & EGG JASMINE RICE SAUTEED VEGETABLES
CHEF'S SPECIAL 	HERB ROASTED CHICKEN MAC AND CHEESE LETTUCE	CHICKEN KATSU JASMINE RICE JAPANESE CURRY	POPCORN CHICKEN ROASTED SWEET POTATOES STEAMED BROCCOLI	AYAM PENYET JASMINE RICE TEMPEH, LONG BEAN, CABBAGE, SAMBAL	HOMEMADE CHICKEN BURGER & FRIES
NOODLE SOUP 	CHICKEN DUMPLING w. NOODLE SOUP	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISHBALL NOODLE SOUP
ALWAYS SERVING 	<p>ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO: ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS</p>				

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*MSG FREE Kitchen

WEEK 3	MONDAY 15th July 2019	TUESDAY 16th July 2019	WEDNESDAY 17th July 2019	THURSDAY 18th July 2019	FRIDAY 19th July 2019
MORNING SNACK 	BAKED DOUGHNUTS	EGG & SOY SAUCE FRIED RICE	VANILLA WHIRL	BREAKFAST SCONES	MOIST CHOCOLATE BREAKFAST MUFFIN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday 	CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	CHINESE FRIED RICE	EGG & SOY SAUCE FRIED RICE	THAI STYLE FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	FRIED MEE HUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	PREMIUM TURKEY HAM SLICES	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHICKEN HAM & EGG BREAKFAST BURRITO	CHEESE AND CHICKEN HAM TOASTIES	PREMIUM BREAKFAST SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	PLAIN OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE	CHEESE OMELETTE	MUSHROOM OMELETTE
ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	
DELI SANDWICH BAR 	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH 	CITRUS BAKED FISH RICE PILAF SAUTEED VEGETABLES	LEMON & THYME CHICKEN BUTTERED RICE CORN, CHERRY TOMATO, LETTUCE	CHICKEN LASAGNE w. FOCACCIA & SALAD	CHICKEN MEATBALLS PASTA w. TOMATO SAUCE GARDEN VEGETABLES	GRILLED GREEK CHICKEN GARLIC MASH POTATOES SAUTEED ZUCCHINI
ASIAN SET MEAL LUNCH	HONEY ROASTED SESAME CHICKEN CHICKEN RICE CONDIMENTS	GOLDEN EGG FLOSS CHICKEN JASMINE RICE STIR FRY SIEW PAK CHOI	AYAM MASAK MERAH TOMATO RICE STIR FRY SPINACH	ORIENTAL CHICKEN BUTTERED RICE SAUTEED VEGETABLE	BUTTERMILK CHICKEN JASMINE RICE SAUTEED CHINESE CABBAGE
VEGETARIAN SET MEAL LUNCH 	PUMPKIN CURRY JASMINE RICE SAUTEED KAI LAN	JAPANESE TOFU w. SILKEN EGG SAUCE JASMINE RICE STIR FRY SIEW PAK CHOI	BITTERGOURD w. EGG JASMINE RICE STIR FRY SPINACH	BRAISED EGGPLANT JASMINE RICE SAUTEED MIX VEGETABLES	BRAISED TOFU & EGG JASMINE RICE SAUTEED CHINESE CABBAGE
CHEF'S SPECIAL 	CHICKEN TENDERS MASH POTATOES SAUTEED VEGETABLES	CHICKEN ROGAN JOSH BIRYANI RICE SAUTEED BEANSPROUTS & PAPPADAM	OYAKODON (Japanese Chicken and Egg Rice Bowl)	CHEESY BAKED RICE	SESAME COATED STICKY WINGS FRIES LETTUCE
NOODLE SOUP 	CHICKEN DUMPLING w. NOODLE SOUP	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISHBALL NOODLE SOUP
ALWAYS SERVING 	ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS				

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WEEK 4	MONDAY 22nd July 2019	TUESDAY 23rd July 2019	WEDNESDAY 24th July 2019	THURSDAY 25th July 2019	FRIDAY 26th July 2019
MORNING SNACK 	FLAT CHEESE BUN	VANILLA CHOCOLATE ROLL	MINI STEAMED PAU	NASI GORENG KAMPUNG	CHOCOLATE BANANA BREAKFAST MUFFIN
BREAKFAST MENU Protein Power, Freshly Baked,Dairy, Asian, Western Cooked Fresh everyday 	CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	CHINESE FRIED RICE	EGG & SOY SAUCE FRIED RICE	THAI STYLE FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	FRIED MEE HUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	PREMIUM TURKEY HAM SLICES	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHICKEN HAM & EGG BREAKFAST BURRITO	CHEESE AND CHICKEN HAM TOASTIES	PREMIUM BREAKFAST SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS	SUNNY SIDE UP EGG	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	PLAIN OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE	CHEESE OMELETTE	MUSHROOM OMELETTE
ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	
DELI SANDWICH BAR 	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH 	CHICKEN SHEPHERD'S PIE HERB ROLL GARDEN SALAD	ROSEMARY BAKED CHICKEN BAKED PUMPKIN STEAMED CAULIFLOWER & CARROTS	CHICKEN LASAGNE w. FOCACCIA & SALAD	CITRUS GRILLED FISH CHEESY MASH POTATOES GRILLED PROVENCAL VEGETABLES	BBQ CHICKEN BAKED POTATOES STEAMED BROCCOLI
ASIAN SET MEAL LUNCH	MALAYSIAN CHICKEN CURRY w. POTATOES JASMINE RICE STIR FRY PAK CHOI	CEREAL CHICKEN JASMINE RICE STIR FRY SAWI	TERIYAKI FISH JASMINE RICE SAUTEED CABBAGE	SESAME CHICKEN JASMINE RICE SAUTEED SPINACH	SALTED EGG YOLK CHICKEN JASMINE RICE STIR FRY PAK CHOI
VEGETARIAN SET MEAL LUNCH 	VEGETABLE CURRY w. TEMPEH JASMINE RICE STIR FRY PAK CHOI	MEDLEY OF SAUTEED VEGETABLES w. BEANCURD SKIN JASMINE RICE	VEGETARIAN BIBIMBAP w. FRIED EGG AND CONDIMENTS	STEAMED EGG JASMINE RICE SAUTEED SPINACH	SAUTEED EGG & BAKED BEANS JASMINE RICE STIR FRY PAK CHOI
CHEF'S SPECIAL 	CHICKEN TANDOORI BIRYANI RICE CUCUMBER ONION LETTUCE	SESAME CHICKEN WINGS GARLIC FRIED RICE SAUTEED SPINACH	CHICKEN BIBIMBAP w. FRIED EGG AND CONDIMENTS	HOME MADE CHICKEN PIZZA HOMEMADE MARGHERITA PIZZA	FISH & CHIPS
NOODLE SOUP 	CHICKEN DUMPLING w. NOODLE SOUP	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISHBALL NOODLE SOUP
ALWAYS SERVING 	<p>ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS</p>				

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WEEK 5	MONDAY 29th July 2019	TUESDAY 30th July 2019	WEDNESDAY 31st July 2019		
MORNING SNACK 	BREAKFAST BROWNIES	SAUSAGE BUN			
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday 	CROISSANT	CROISSANT			
	CHINESE FRIED RICE	EGG & SOY SAUCE FRIED RICE			
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES			
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES			
	CHICKEN HAM & EGG BREAKFAST BURRITO	CHEESE AND CHICKEN HAM TOASTIES			
	SCRAMBLED EGGS	SUNNY SIDE UP EGG			
	HASH BROWN	TATER TOTS			
	PLAIN OMELETTE	CHEESE OMELETTE			
	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK			
DELI SANDWICH BAR 	MADE YOUR WAY!	MADE YOUR WAY!			
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce			
WESTERN SET MEAL LUNCH 	CHICKEN SCHNITZEL MASH POTATOES SAUTEED VEGETABLES	PAN SEARED CHICKEN BUTTERED PASTA w. GRAVY STEAMED BROCCOLI			
ASIAN SET MEAL LUNCH 	GOLDEN EGG FLOSS CHICKEN JASMINE RICE STIR FRY SIEW PAK CHOI	PINEAPPLE CHICKEN STEAMED RICE STIR FRIED MIXED VEGETABLES			
VEGETARIAN SET MEAL LUNCH 	BRAISED EGG w. TOFU JASMINE RICE STIR FRY SIEW PAK CHOY	JAPANESE TOFU w. LONG BEANS JASMINE RICE STIR FRIED MIXED VEGETABLES			
CHEF'S SPECIAL 	CHICKEN 65 BIRYANI RICE SAUTEED CABBAGE & PAPPADAM	KOREAN CHICKEN WINGS KIMCHI FRIED RICE STIR FRIED MIX VEGETABLES			
NOODLE SOUP	CHICKEN DUMPLING w. NOODLE SOUP	TOM YUM SOUP w. RICE NOODLE			
ALWAYS SERVING 	<p>ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS</p>				

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