

















WEEK 1			WEDNESDAY 1st May 2019	THURSDAY 2nd May 2019	FRIDAY 3rd May 2019
MORNING SNACK				APPLE CRUMB CAKE	BANANA MUFFIN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday				CROISSANT	CROISSANT
				NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
				BRAISED YEE MEE	FRIED KOAY TEOW
				BREAKFAST TURKEY	HOMEMADE FRIED CHICKEN DRUMSTICK
				CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
				SUNNY SIDE UP EGG	SCRAMBLED EGGS
				TATER TOTS	BAKED BEANS
				TOMATO OMELETTE	PLAIN OMELETTE
DELI SANDWICH BAR				MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA			Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	
WESTERN SET MEAL LUNCH				GRILLED LEMON CHICKEN ROASTED POTATO GRILLED VEGETABLES	CAJUN GRILLED CHICKEN PARSLEY RICE SAUTEED FRENCH BEANS
ASIAN SET MEAL LUNCH				POACHED CHICKEN w. SOY SAUCE CHICKEN RICE STIR-FRY BEAN SPROUTS	ORIENTAL CHICKEN JASMINE RICE STIR FRY MIXED VEGETABLES
VEGETARIAN SET MEAL LUNCH				COCONUT VEGETABLE & TOFU CURRY BRIYANI RICE STIR-FRY BEANS/SPROUTS	HARD TOFU w. LONG BEANS JASMINE RICE STIR FRIED MIXED VEGETABLES
CHEF'S SPECIAL				CHICKEN VARUVAL BRIYANI RICE SAUTEED BEANS/SPROUTS	BUFFALO WINGS FRIES ROASTED VEGETABLES
NOODLE SOUP				CURRY LAKSA w. RICE NOODLES	FISH BALL NOODLE SOUP
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS			

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes









*MSG FREE Kitchen

WEEK 2	MONDAY 6th May 2019	TUESDAY 7th May 2019	WEDNESDAY 8th May 2019	THURSDAY 9th May 2019	FRIDAY 10th May 2019
MORNING SNACK 	WOK FRIED RAMEN	CHOCOLATE CHIP SCONES	MINI STEAMED PAU	SAUSAGE ROLL	VANILLA WHIRL
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday 	CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	MUSHROOM FRIED RICE	EGG & SOY SAUCE FRIED RICE	LONG BEAN FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	STIR FRIED LOU SHU FUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	CHICKEN SAUSAGES	BREAKFAST TURKEY	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	BREAKFAST TURKEY	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHEESY QUESADILLAS	CHEESE AND CHICKEN SLICE TOASTIES	CHICKEN SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	CHEESE OMELETTE	PLAIN OMELETTE	TOMATO OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE
	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK
DELI SANDWICH BAR 	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH 	CHICKEN ESCALOPE MASH POTATOES MEDLEY OF SAUTEED VEGETABLES	HANDMADE CHICKEN MEATBALL w. SPAGHETTI SEASONAL MIXED VEGETABLES	CHICKEN LASAGNE w. FOCACCIA & SALAD	HERB ROASTED CHICKEN SPIRAL PASTA CREAMED MUSHROOMS	ROSEMARY ROASTED CHICKEN RICE PILAF MEDLEY OF SAUTEED VEGETABLES
ASIAN SET MEAL LUNCH	BUTTER CHICKEN JASMINE RICE STIR FRY MUSTARD LEAVES	SWEET & SOUR CHICKEN JASMINE RICE STIR FRY SPINACH	TERIYAKI CHICKEN JASMINE RICE SAUTEED CHINESE CABBAGE	CEREAL CHICKEN JASMINE RICE STIR FRY MIX VEGETABLES	CANTONESE BBQ CHICKEN JASMINE RICE STIR FRY PAK CHOY
VEGETARIAN SET MEAL LUNCH 	SAUTEED TOMATO & EGG JASMINE RICE STIR FRY MUSTARD LEAVES	SWEET & SOUR TOFU JASMINE RICE STIR FRY SPINACH	BRAISED EGG & TOFU JASMINE RICE SAUTEED CHINESE CABBAGE	TOFU CUTLETS JASMINE RICE STIR FRY MIX VEGETABLES	TOFU w. EGGPLANT SAUCE JASMINE RICE STIR FRY PAK CHOY
CHEF'S SPECIAL 	TANDOORI CHICKEN BIRYANI RICE CUCUMBER & ONIONS LETTUCE,	KOREAN CHICKEN WINGS KIMCHI FRIED RICE STIR FRY SPINACH	OYAKODON (Japanese Chicken and Egg Rice Bowl)	AYAM PENYET JASMINE RICE LONG BEAN, CABBAGE, SAMBAL, TOFU	CHICKEN WINGS FRIES ROASTED VEGETABLES
NOODLE SOUP 	CLEAR CHICKEN SOUP WITH CHICKEN DUMPLING	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISH BALL NOODLE SOUP
ALWAYS SERVING 	<p>ASSORTED MIXED SEASONAL FRUITS</p> <p>DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK</p> <p>100% FRUIT JUICES (NO SUGAR ADDED)</p> <p>GRAB & GO: ASSORTED SANDWICHES & WRAPS</p> <p>BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS</p> <p>ASSORTED NOODLE SOUPS</p>				

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes









*MSG FREE Kitchen

WEEK 3	MONDAY 13th May 2019	TUESDAY 14th May 2019	WEDNESDAY 15th May 2019	THURSDAY 16th May 2019	FRIDAY 17th May 2019
MORNING SNACK	 MINI CHOCOLATE ROLL	EGG SANDWICH	BROWNIE	NASI GORENG KAMPUNG	BANANA BREAKFAST MUFFIN
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday	 CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	MUSHROOM FRIED RICE	EGG & SOY SAUCE FRIED RICE	LONG BEAN FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	FRIED TOM YAM RICE NOODLES	STIR FRIED LOU SHU FUN	BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
	CHICKEN SAUSAGES	BREAKFAST TURKEY	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	BREAKFAST TURKEY	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHEESY QUESADILLAS	CHEESE AND CHICKEN SLICE TOASTIES	CHICKEN SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	CHEESE OMELETTE	PLAIN OMELETTE	TOMATO OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE
ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	
DELI SANDWICH BAR	 MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH	 CHICKEN SCHNITZEL MASH POTATOES SAUTEED VEGETABLES	ROASTED CHICKEN W. BBQ SAUCE SPIRAL PASTA SEASONAL MIXED VEGETABLES	CHICKEN LASAGNE w. FOCACCIA & SALAD	HONEY GLAZED CHICKEN POTATO GRATIN GRILLED VEGETABLES	HERBED ROASTED CHICKEN MEXICAN RICE PILAF STEAMED CAULIFLOWER
ASIAN SET MEAL LUNCH	CRISPY CHICKEN W. LEMON CHICKEN JASMINE RICE STIR FRY MUSTARD LEAVES	ORIENTAL CHICKEN JASMINE RICE STIR FRY BEANSPROUT	GOLDEN EGGFLOSS CHICKEN JASMINE RICE STIR FRY BABY KAILAN	BUTTERMILK CHICKEN JASMINE RICE CABBAGE w. MUSTARD SEED	HAINANESE CHICKEN JASMINE RICE SAUTEED SIEW PAK CHOY
VEGETARIAN SET MEAL LUNCH	 STEAMED EGG JASMINE RICE STIR FRY MUSTARD LEAVES	TOFU CUTLETS SPIRAL PASTA STEAMED VEGETABLES	GOLDEN EGGFLOSS TOFU JASMINE RICE STIR FRY BABY KAILAN	VEGETARIAN BIBIMBAP W. CONDIMENTS	TOFU W. EGGPLANT SAUCE FRAGRANT RICE SAUTEED SIEW PAK CHOY
CHEF'S SPECIAL	 TANDOORI CHICKEN BRIYANI RICE CUCUMBER, LETTUCE, & ONION	HOMEMADE CHICKEN PIZZA HOMEMADE MARGHERITA PIZZA	CHICKEN KATSU W. RICE & JAPANESE CURRY	CHICKEN BIBIMBAP W. FRIED EGG AND CONDIMENTS	BUFFALO WINGS FRIES LETTUCE
NOODLE SOUP	 CLEAR CHICKEN SOUP WITH CHICKEN DUMPLING	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISH BALL NOODLE SOUP
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS			

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes








*MSG FREE Kitchen

WEEK 4	MONDAY 20th May 2019	TUESDAY 21st May 2019	WEDNESDAY 22nd May 2019	THURSDAY 23rd May 2019	FRIDAY 24th May 2019
MORNING SNACK 				APPLE CRUMB CAKE	VANILLA WHIRL
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday 				CROISSANT	CROISSANT
				NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
				BRAISED YEE MEE	FRIED KWAY TEOW NOODLES
				BREAKFAST TURKEY	HOMEMADE FRIED CHICKEN DRUMSTICK
				CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
				SUNNY SIDE UP EGG	SCRAMBLED EGGS
				TATER TOTS	BAKED BEANS
				CHEESE OMELETTE	PLAIN OMELETTE
			ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	
DELI SANDWICH BAR 				MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA				Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognese or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH 				ROSEMARY BAKED CHICKEN MASH POTATOES SAUTEED TOMATO & BROCCOLI	CHICKEN ESCALOPE HERBED RICE PILAF CREAMED SPINACH
ASIAN SET MEAL LUNCH 				CEREAL CHICKEN STIR-FRY MUSTARD LEAVES JASMINE RICE	SESAME CHICKEN JASMINE RICE STIR FRY KAI LAN
VEGETARIAN SET MEAL LUNCH 				VEGETABLE CURRY STIR-FRY MUSTARD LEAVES JASMINE RICE	STIR FRIED BABY ROMAINE w. TOFU FRAGRANT RICE STIR FRY KAI LAN
CHEF'S SPECIAL 				BAKED CHEESY RICE	STICKY WINGS FRIES LETTUCE
NOODLE SOUP				CURRY LAKSA w. RICE NOODLES	FISH BALL NOODLE SOUP
ALWAYS SERVING 	<p>ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO: ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS</p>				

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes

*MSG FREE Kitchen

WEEK 5	MONDAY 27th May 2019	TUESDAY 28th May 2019	WEDNESDAY 29th May 2019	THURSDAY 30th May 2019	FRIDAY 31st May 2019
MORNING SNACK	 MUSHROOM FRIED RICE	SAUSAGE ROLL	MINI STEAMED PAU	BANANA MUFFIN	BROWNIES
BREAKFAST MENU Protein Power, Freshly Baked, Dairy, Asian, Western Cooked Fresh everyday	 CROISSANT	CROISSANT	CROISSANT	CROISSANT	CROISSANT
	MUSHROOM FRIED RICE	EGG & SOY SAUCE FRIED RICE	LONG BEAN FRIED RICE	NASI GORENG KAMPUNG	NASI LEMAK w. CONDIMENTS
	WOK FRIED RAMEN	TOM YAM FRIED MEE HOON	STIR FRIED LOU SHU FUN	BRAISED YEE MEE	FRIED KOAY TEOW
	PREMIUM BREAKFAST SAUSAGES	PREMIUM TURKEY HAM SLICES	ROTI CANAI w. DHAL GRAVY OR CHICKEN CURRY	PREMIUM TURKEY HAM SLICES	HOMEMADE FRIED CHICKEN DRUMSTICK
	CHEESY QUESADILLAS	CHEESE AND CHICKEN HAM TOASTIES	PREMIUM BREAKFAST SAUSAGES	CHEESE TOASTIES	FRENCH TOAST WITH MAPLE SYRUP
	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS	SUNNY SIDE UP	SCRAMBLED EGGS
	HASH BROWN	TATER TOTS	HASH BROWN	TATER TOTS	BAKED BEANS
	CHEESE OMELETTE	PLAIN OMELETTE	TOMATO OMELETTE	CHEESE OMELETTE	PLAIN OMELETTE
	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK	ASST. CEREALS w. MILK
DELI SANDWICH BAR	 MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!	MADE YOUR WAY!
PASTA AND LASAGNA	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognaise or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognaise or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognaise or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognaise or Vegetarian Tomato Sauce	Your choice of Spaghetti, Macaroni, or Spiral Pasta with Chicken Al Fredo, Chicken Bolognaise or Vegetarian Tomato Sauce
WESTERN SET MEAL LUNCH	 CHICKEN SCHNITZEL MASH POTATOES SEASONAL MIXED VEGETABLES	CAJUN GRILLED CHICKEN CREAMED MUSHROOM MACARONI	CHICKEN LASAGNE w. FOCACCIA & SALAD	CHICKEN MEATBALL w. SPAGHETTI STEAMED VEGETABLES	CHICKEN ALA KING PILAF RICE DILL CARROTS
ASIAN SET MEAL LUNCH	 STEAMED FISH w. SOY SAUCE STIR-FRY PAK CHOY JASMINE RICE	ORIENTAL CHICKEN STIR FRIED MIXED VEGETABLES JASMINE RICE	HAINANESE ROASTED CHICKEN CHICKEN RICE CUCUMBER, TOMATOES, LETTUCE	CEREAL CHICKEN STIR-FRY MUSTARD LEAVES JASMINE RICE	SESAME CHICKEN STIR FRY KAI LAN JASMINE RICE
VEGETARIAN SET MEAL LUNCH	 SAUTEED TOFU & BROCCOLI STIR-FRY PAK CHOY JASMINE RICE	TERIYAKI TOFU w. LONG BEANS JASMINE RICE STIR FRIED MIXED VEGETABLES	JAPANESE TOFU w. SILKEN EGG SAUCE JASMINE RICE STIR-FRY BEANSPROUT	STEAMED EGG STIR-FRY MUSTARD LEAVES JASMINE RICE	STEAMED SOFT TOFU W. SOY SAUCE STIR FRY KAI LAN FRAGRANT RICE
CHEF'S SPECIAL	 HERB ROASTED CHICKEN MAC & CHEESE LETTUCE	KOREAN CHICKEN WINGS GARLIC FRIED RICE STIR FRIED MIX VEGETABLES	CHICKEN PIZZA MARGHERITA PIZZA	BAKED CHEESY RICE	HOMEMADE CHICKEN BURGER FRIES CONDIMENTS
NOODLE SOUP	CLEAR CHICKEN SOUP WITH CHICKEN DUMPLING	TOM YUM SOUP w. RICE NOODLE	CANTONESE NOODLE SOUP	CURRY LAKSA w. RICE NOODLES	FISH BALL NOODLE SOUP
ALWAYS SERVING		ASSORTED MIXED SEASONAL FRUITS DAIRY PRODUCTS: 100% FRESH MILK (PLAIN, STRAWBERRY, CHOCOLATE) YOGURT CUP, YOGURT DRINK 100% FRUIT JUICES (NO SUGAR ADDED) GRAB & GO : ASSORTED SANDWICHES & WRAPS BAKERY DEPARTMENT: ASSORTED HANDMADE LOW-SUGAR PASTRIES, ASSORTED FRESH ARTISAN BREADS ASSORTED NOODLE SOUPS			

*Cezars Kitchen uses only Halal certified chicken & all suppliers are Halal certified

*Cezars Kitchen does not use pork or nuts in our recipes

*MSG FREE Kitchen